



Foot Facts

By Dr. Eric R. Tepper, Podiatrist

FOOT FACTS

As well as you think you know your feet, here are some interesting facts that you may not have given much thought to. The human foot is an impressive structure containing 26 relatively small bones, more than 150 ligaments, and a vast network of blood vessels, nerves, and muscles. Each pair of feet also has a quarter of a million sweat glands that release almost a cup of sweat daily. You probably never measure it, but the average person walks approximately 4 miles each day, which averages to about 115,000 miles in a lifetime. With all that stress, it is no wonder that more than 70% of all people in the U.S. will suffer foot pain.

Foot problems come from many sources - physical stress, improper shoes, muscular imbalances, disease, neglect, trauma, etc. If your feet are cramping your lifestyle, professional care is in order. We know that good foot health can enhance your daily existence and improve your quality of life. For compassionate foot care for everyone in your family, we welcome your call at 234-5571, at Rice Medical Center. I am there every Tuesday.

P.S. Socrates knew what he was talking about when he said, "When our feet hurt, we hurt all over."



Residents reminded of early voting

U.S. Congressional candidate Loy Sneary, center, visited with residents in Eagle Lake Monday. He was joined by Eagle Lake Drugstore owner and rice farmer Steve Balas, State Representative Robby Cook and First National Bank President Bill Harrison Jr. They all encouraged the early voters to take their friends to the polls through Friday, Oct. 30, at the County Clerk's office at the Courthouse in Columbus.

Pictured above are, from left, Balas; Jennifer Fortenberry, a member of Sneary's staff; Cook and Harrison. Headlight Photo by Jeannine Fearing

Flood

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Colorado rise for days.

The river was predicted to return to its banks by 6 a.m. Sunday.

While many Wharton residents were thankful that the impact of the rain-swollen Colorado was far less than had been feared and the worst predictions didn't happen, still hundreds of people in Wharton's west end, which took the brunt of the flood, remain displaced. Some were returning Monday according to reports.

An estimated 800 homes were damaged, according to Wharton Mayor

or Joel Williams.

"There were no known serious injuries and we probably dodged a bigger bullet. It could have been worse, but we're extremely concerned for our neighbors in the one part of our town that has been devastated," Williams stated.

Colorado County Judge Vince Slominski reported road closings, lowland flooding and flooded homes in Eagle Lake, Garwood and Rock Island but no loss of life and serious injuries in Colorado County.



These cattle found an "island" to escape the raging waters that flowed over the banks of the Colorado River at the Garwood bridge as the river began its crest late Thursday evening. This same flooding covered FM 950 and surrounding pasture land in the Garwood area for almost a week.

Headlight Photo by Lynda Appelt

County Commissioners support resolution

By Lynda Appelt, Contributing Writer

A resolution supporting the partnership of the City of Eagle Lake and Corrections Services Corporation (CSC) of Sarasota, Florida, was approved at the Oct. 14 meeting of the Colorado County Commissioners Court.

The 500 bed Intermediate Sanction Facility (ISF) will be for parole violators who have been released from the Texas Department of Criminal Justice Institution Division.

The resolution states the facility will not be a halfway house.

CSC presently operates the juvenile boot camp facility in Eagle Lake and is proceeding with the construction of a TYC female juvenile facility behind the area of the boot camp.

The correctional facility, if approved, will be located 1/2 mile north of 90A to the right of FM 3013 between the two railroad tracks.

According to County Judge Vince Slominski Eagle Lake still intends to pursue locating a state jail in the same area.

The original plan was to pursue a 1000 bed prison facility on the acreage that has already been purchased.

Four or five other entities are also vying for the Intermediate Sanction Facility.

The application is being submitted to CSC this week.

As Mayor Michael Cooper stated at the public hearing held on the facility - "It's not a slam dunk affair." According to Cooper, the town must show support.

The facility will house parole violators waiting to return to TDC or those with only a short time left on their parole.

Commissioners also expressed concern about fiber optic lines when the subject came up on the agenda for its approval.

Concerns for utility applications were discussed. Pct. 1 Commissioner Richard Seifert expressed concern about the line going through some back yards in Garwood.

In other business the Court:

• Approved authority to advertise for bids on culverts, weed control, brush control, gravel, lime, hot mix, cold mix and road mix.

• Received a quarterly Bingo report from St. Anthony Catholic Church.

• Awarded bids on gasoline and diesel to Hoelscher Oil, Colorado County Oil and Thomas Petroleum for all precincts and the sheriff's department.

• Executed an operational contract in the amount of \$912,500 for a post adjudication juvenile facility which will gather state funds for the boot camp facility in Eagle Lake. The contract will reimburse housing expenses.

• Approved a resolution in support of the 76th Texas Legislature to proclaim Feb. 19 as the State of Texas Anniversary Remembrance (STAR) Day in Texas.

• Approved a request from Mitchell Energy Corporation to install five pipelines crossing Brunes Mill Road in Pct. 3.

• Awarded two bids to purchase two 12-14 yard diesel dump trucks to Atzenhoffer of Victoria for low bids of \$52,819 per truck. The trucks were approved for Pct. 3 and 4.

VOTE

for

James Raabe

Colorado County

Commissioner, Precinct #4

Honest

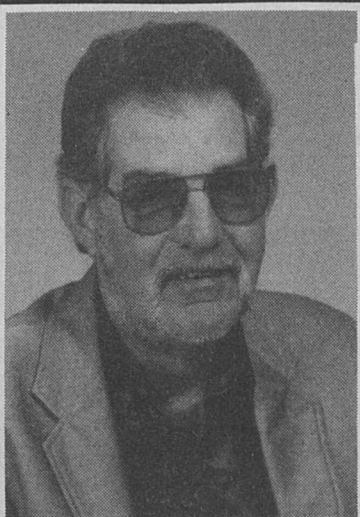
Dependable

Hard Working

"AN OUT IN THE FIELD" Commissioner

Thank You For Your Vote!

Political advertisement paid for by James Raabe Campaign, Lois Raabe, Treasurer, P.O. Box 153, Eagle Lake, Texas 77434.



DALE ALEXANDER FOR COLORADO COUNTY CLERK



I will bring Honesty, Dependability, Integrity, and Professionalism to the office of County Clerk.

- Preserve your property rights and *prevent lawsuits over your land ownership* that could result from inadequate care of property records. (There is a backlog of *over 6 years of property records that have not been duplicated*, completed, and stored safely to protect from fire or other damage.)
- *Computerize the records* maintained by the County Clerk's Office to preserve and safeguard them *without a tax increase* by using existing court costs and filing fees.
- Allow early voters to *vote in private* by moving the location out of the County Clerk's personal office.
- *Restore credibility* to the County Clerk's Office with proper money management.
- Provide convenient *mobile voting* during the early voting period.

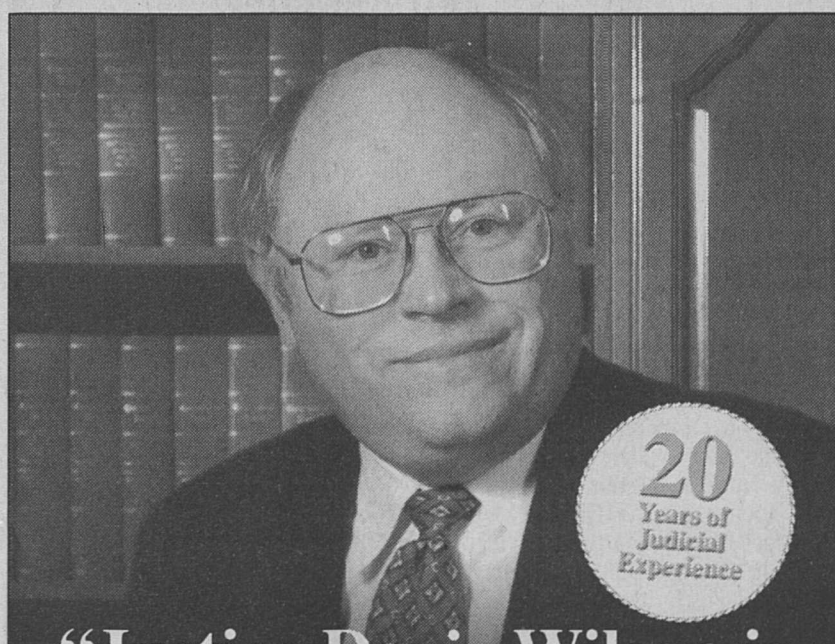
I would appreciate your vote on November 3, 1998.

Political advertisement paid for by John D. Alexander Campaign, Joe T. Hodde, Treas., Rt. 3, Box 82A, Weimar, Texas 78962.

Colorado Soil and Water Conservation District #333 Financial Report - Fiscal Year 1998

	State Fund	Local Fund	Trust Fund
Balance-Sept. 1, 1997	5528	3888	4285
Revenue			
State Grants/Reimbursements	11445		
Contributions			10446
Other	2	249	1211
Total Revenue	11447	249	11657
Expenditures			
Salaries & Benefits	7514		5277
General Administration	2281		2001
Promotion/Education	1343		4184
Equipment	1292		103
Total Expenditures	12430	4137	11565
Balance-Aug. 31, 1998	4545	4137	4377

Submitted by SWCD Board of Directors in compliance with Section 1, Chapter 410, Act of the 55th Texas Legislature, as amended.



"Justice Davie Wilson is a true friend of the law and order community."

Dianne Clements, President
Justice For All

Re-elect Justice Davie Wilson

Justice, First Court of Appeals

★ Consistent winner in Lawyers Preference Poll

★ Conservative and deliberative

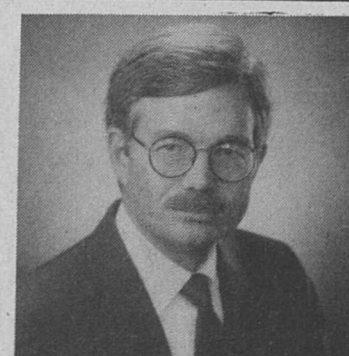
In compliance with the voluntary limits of the Judicial Campaign Fairness Act.
Paid for by Justice Davie Wilson Campaign, Jeanne Wilson, Treasurer, 15202 Morning Pine, Houston, Texas 77068



Trulys tour New England

Mr. and Mrs. Ralph Truly and Sandy Bendy spent seven days in New Hampshire and Vermont in Oct. during the fall foliage peak. They met the Truly's other daughter, Vicki Copeland from Mississippi, and her bike group. Mr. Truly rode with time on a bike tour. He rode approximately 70 miles. He celebrated his 78th birthday there. A surprise party was thrown in his honor.

Photo Courtesy of Sandy Bendy



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